VOLUNTEER

Howard County Volunteer Opportunities
www.hocovolunteer.org

SCORE (Service Corps of Retired Executives)
www.score.org/volunteer-score

Smithsonian Volunteers
www.si.edu/volunteer

Success in Style
www.successinstyle.org/volunteer

Volunteer Opportunities
www.volunteermatch.org

WEBSITES

You can access free databases and free websites with your library card at
hclibrary.org/research

- Health
- AMA DoctorFinder
- CAREAPP
- MedlinePlus

Jobs/Learning

- CareerOneStop
- Howard County Office of Workforce Development
- Learning Express Career Preparation Center

Howard County Office on Aging & Independence
www.howardcountymd.gov/aging-independence

Maryland Department of Aging
www.aging.maryland.gov

Mayo Clinic Health Library
www.mayoclinic.org/diseases-conditions

Medicare
www.medicare.gov

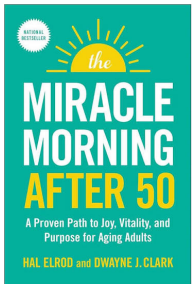
SeniorPlanet
www.seniorplanet.org

Social Security Administration
www.ssa.gov

50+ AGING & INDEPENDENCE

* Available in large print
** Available as e-book or e-audiobook
*** Available in all these formats

HEALTH & WELLNESS



Elrod, Hal **158.1E**
The Miracle Morning After 50: A Proven Path to Joy, Vitality, and Purpose for Aging Adults

Schiller, Lucy **305.26S**
Aging Out: An Exploration of Caregiving, Community, and How Americans Grow Old ***

Robison, Becky **306.9R**
My Parents Are Dead: What Now? A Panic-Free Guide to the Practicalities of Death

Hattori, April **613.7046H**
10-Minute Chair Yoga Exercises for Seniors

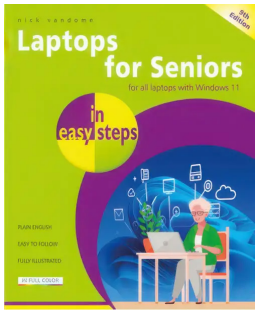
Chambers, Caroline **641.512C**
What to Cook When You Don't Feel Like Cooking: Make It Fast **

Snodgrass, Alex **641.52S**
Everyday Eats: 100 Simple and Healthy Recipes for Real Life

Idiens, Caroline **613.04244I**
Fit at 50: Your Guide to a Stronger, Fitter and Happier (Mid) in Life in Just 6 Weeks

HOWARD COUNTY LIBRARY SYSTEM

mc/j/p/bl/2026/50



DIGITAL SKILLS

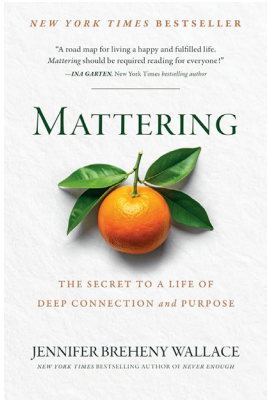
Vandome, Nick
004.16V
Laptops for Seniors in Easy Steps, 9th Edition

Spivey, Dwight
004.1675S
IPad for Seniors for Dummies, 2025-2026 Edition

Vandome, Nick **006.3V**
AI for Seniors in Easy Steps

Lepore, Jill **303.4834L**
The Rise and Fall of the Artificial State **

Suskind, Dana, MD **649.1S**
Human Raised: Nurturing Connection, Curiosity & Lifelong Learning in the Age of AI



LEISURE

Wallace, Jennifer Breheny
158.1W
Mattering: The Secret to a Life of Deep Connection and Purpose

Levine, Amir **158.2L**
Secure: The Revolutionary Guide to Creating a Secure Life *

Hansman, Heather **333.72H**
Fierce Country: The Untold Story of Three Women Who Ignited America's Love for the Wild

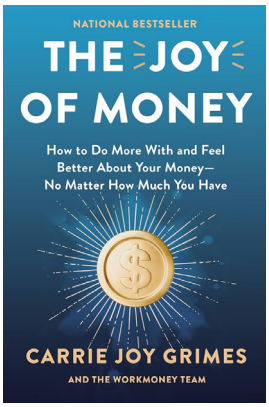
Miller, Frank **741.5973M**
Push the Wall: My Life, Writing, Drawing and the Art of Storytelling

Gibbs, Marla **791.45028G**
It's Never Too Late: A Memoir

Oppenheimer, Mark **B BLUME O**
Judy Blume: A Life ***

Cornwell, Patricia **B CORNWELL**
True Crime: A Memoir ***

RETIREMENT & FINANCE



Grimes, Carrie Joy
332.024G
The Joy of Money

Holden, Amanda
332.024H
How to Be a Rich Old Lady: Your Guide to Easy Investing, Building Wealth, and Creating the Wild, Beautiful Life You Want **

LeVitre, Ray E. **332.02401L**
20 Retirement Decisions You Need to Make Right Now

Farr, Evan H. **346.052F**
Protecting Your Assets from Probate and Long-Term Care: Don't Let the System Bankrupt You and Your Loved Ones **

Clifford, Denis **346.73052C**
Estate Planning Basics: What You Need to Know About Wills, Trusts & Avoiding Probate

Matthews, J. L. **344.73023M**
Social Security, Medicare & Government Pensions: Get the Most Out of Your Retirement & Medical Benefits

Morton, David A. **368.386M**
Nolo's Guide to Social Security Disability: Getting & Keeping Your Benefits

Lankford, Kimberly **368.426L**
Medicare 101: From Your Initial Enrollment Period to Parts A, B, C, and D, an Essential Primer on the Government Healthcare Program

Experts at AARP **368.40**
100 Questions & Answers about Social Security for Dummies

Experts at AARP **368.4260**
100 Questions & Answers about Medicare for Dummies